

[Addiction...

...has many faces

The Zug Addiction Advisory Service is there for you.

Addictive behaviour...

Addiction has many causes and manifestations. We are all familiar with the abusive or dependent consumption of legal and illegal drugs or addictive substances. Dependent behaviour at play, when eating or at work can also lead to addiction.

Initially, the abuse of addictive substances can be an attempt to gather new personal experiences – or to deal with difficult situations in life. This experiment can develop into an addiction problem. Difficulties in relationships and at work and financial problems result. Efforts to free yourself of the dependence on your own frequently fail. Failures, conflicts or disappointments lead over and over again to setbacks.

There are ways which lead out of this dead-end. The cycle of stopping and crashing can be interrupted.

The Zug Addiction Advisory Service offers juveniles and adults with addiction problems as well as their supportive relatives or friends information and support concerning:

- the danger of addiction
- abuse of and dependence on addictive substances (e.g. alcohol, medication, nicotine, heroine, cocaine, party-drugs)
- addictive behaviour patterns (eating problems, game, internet or work addiction)

There are ways which lead out of addiction.

...counselling services

Our counselling services offer crisis support, brief consultations as well as long-term consultations and therapies. We also advise those affected, who at the moment are not able to imagine a life without addictive substances. We offer:

- consultation and therapy...
 - individual, couple and family discussions
 - programmes within the framework of controlled drinking
 - services for groups
 - clarification and support during admission into a withdrawal and rehabilitation programme
 - follow-up support / treatment upon conclusion of stationary therapies
 - provision of ambulant measures in connection with addiction (Art. 44 StGB [penal code])
- crisis intervention
- training services for early detection of addictive problems in schools and businesses
- support and consultation for institutions, experts and interested parties
- specialist information / media resource centre

A team of experienced experts from the fields of psychology and social work will support you and seek with you ways to change the addictive behaviour.

We are subject to professional discretion, and our services are free of charge.

We support you in your search for solutions.

...Addiction Advisory Service]zug

Contact us!

Telephone 041 728 39 39

Opening hours:

Workdays 9.00 to 12.00 am

and 1.15 to 5.15 pm

Consultations outside opening hours
can be arranged by phone.

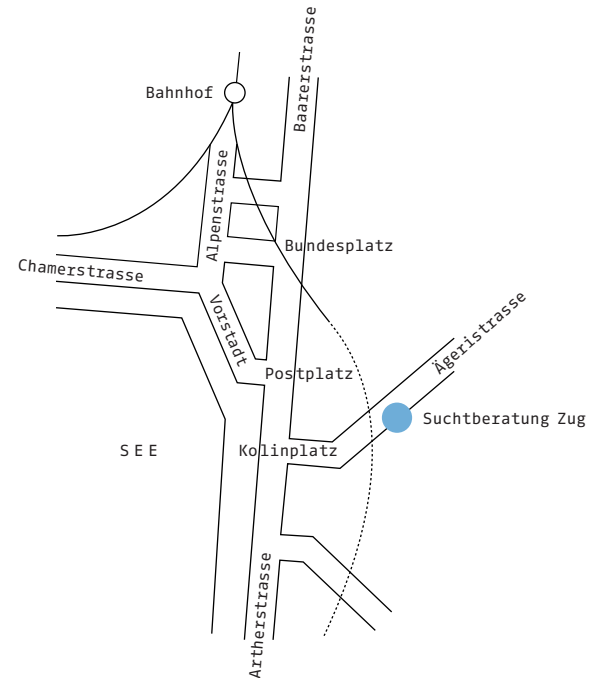
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(Zug Addiction Advisory Service)

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Kanton Zug  Gesundheitsdirektion

A service of the Health Department of the canton Zug

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